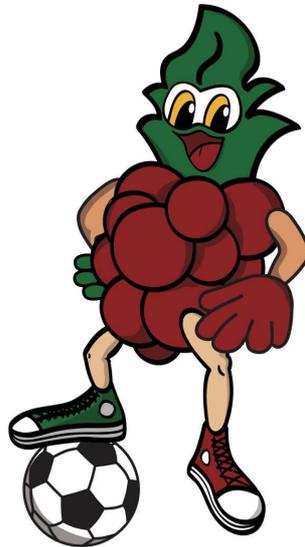




Specific Regulations Sports



FOOTBALL

Official rules of Football 7, with some adjustments:

- There must be at least 3 elements of one gender present on the field; the remaining players are thus belonging to the other gender;
- The teams are formed by 10 to 12 players (7 active players and 3 to 5 reserve players);
- Playing time: two halves of 10 minutes each;
- Break: 1 minute (field exchange);
- Faults and anti-sports behaviour: Upon each fault, the player will be forced to leave the game for a length of two minutes; if the same player repeats the fault, he / she will be expelled from the game and the team to which he / she belongs reduced to 6 active players.



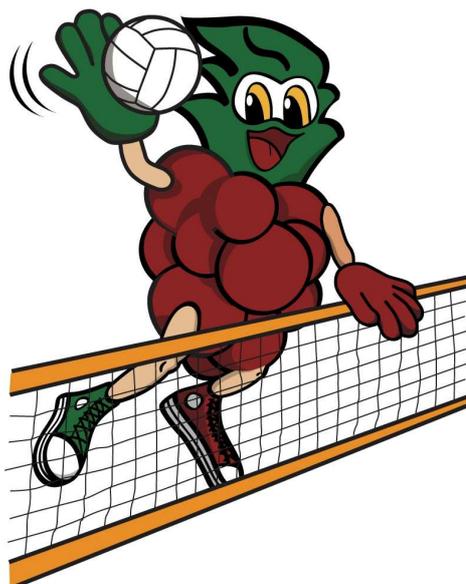
BASKETBALL

Official rules of Basketball, with some adjustments:

- There must be at least 2 elements of one gender present on the fields; the remaining players are thus belonging to the other gender;
- The teams are formed by 8 to 10 players (5 active players and 3 to 5 reserve players);
- Playing time: two halves of 10 minutes each (run time);
- Break: 2 minutes (field exchange);
- Each team can call for a period of time-out during each half;
- An accumulation of 4 faults by an individual player leads to his / her expulsion of the game;
- A total of four faults by the team leads to 2 free strikes by the opponent team;
- Any anti-sports behaviour leads to an immediate expulsion of the game;
- In case of a draw at the end of the determined playing game in semi finals (during the group matches there can be draws), there will be 3 free strikes for each team by different players; if the draw situation remains, the free strikes will be kept until the first team misses to score (“golden point”).

TABLE OF COMPETITIVE FOOTBALL AND BASKETBALL

Hours	FIELD 1	FIELD 2	FIELD 3
9:30	FRANCE x GERMANY	SCOTLAND x HUNGARY	GREECE x LATVIA
10:00	LITHUANIA x FINLAND	ITALY x BELGIUM	LUXEMBOURG x IRELAND
10:30	PORTUGAL x GERMANY	SPAIN x HUNGARY	DENMARK x LATVIA
11:00	FRANCE x FINLAND	SCOTLAND x BELGIUM	GREECE x IRELAND
11:30	PORTUGAL x LITHUANIA	SPAIN x ITALY	DENMARK x LUXEMBOURG
12:00	FINLAND x GERMANY	BELGIUM x HUNGARY	IRELAND x LATVIA
12:30	FRANCE x LITHUANIA	SCOTLAND x ITALY	GREECE x LUXEMBOURG
ALMOÇO			
15:00	PORTUGAL x FINLAND	SPAIN x BELGIUM	DENMARK x IRELAND
15:30	LITHUANIA x GERMANY	ITALY x HUNGARY	LUXEMBOURG x LATVIA
16:00	PORTUGAL x FRANCE	SPAIN x SCOTLAND	DENMARK x GREECE
17:00	Semi-Final 1		
17:30	Semi-Final 2		
18:15	3rd and 4th place		
18:40	1st and 2nd place		



BEACH VOLLEYBALL

Official rules of Beach Volleyball, with some adjustments:

- There must be at least 2 elements of one gender present on the fields; the remaining players are thus belonging to the other gender;
- The teams are formed by 4 to 6 players (4 active players and 1 to 2 reserve players);
- Playing time: the best of 3 sets of 15 points each (tiebreak game);
- During the third set and upon the eighth point, there will be a field exchange;
- Break: field exchange;
- Any anti-sports behaviour leads to an immediate expulsion of the game;

Hours	FIELD 1	FIELD 2	FIELD 3
9:30	FRANCE x GERMANY	SCOTLAND x HUNGARY	GREECE x LATVIA
10:00	LITHUANIA x FINLAND	ITALY x BELGIUM	LUXEMBOURG x IRELAND
10:30	PORTUGAL x GERMANY	SPAIN x HUNGARY	DENMARK x LATVIA
11:00	FRANCE x FINLAND	SCOTLAND x BELGIUM	GREECE x IRELAND
11:30	PORTUGAL x LITHUANIA	SPAIN x ITALY	DENMARK x LUXEMBOURG
12:00	FINLAND x GERMANY	BELGIUM x HUNGARY	IRELAND x LATVIA
12:30	FRANCE x LITHUANIA	SCOTLAND x ITALY	GREECE x LUXEMBOURG
ALMOÇO			
15:30	PORTUGAL x FINLAND	SPAIN x BELGIUM	DENMARK x IRELAND
16:00	LITHUANIA x GERMANY	ITALY x HUNGARY	LUXEMBOURG x LATVIA
16:30	PORTUGAL x FRANCE	SPAIN x SCOTLAND	DENMARK x GREECE
17:15	Semi-Final 1	Semi-Final 2	
18:00	1st and 2nd place	3rd and 4th place	

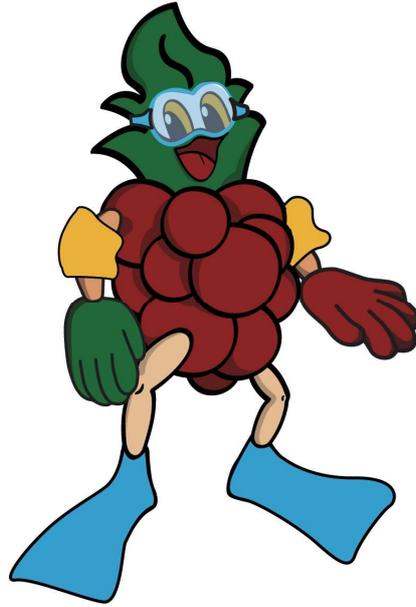


PÉTANQUE

Official rules of Pétanque, with some adjustments:

- The teams are formed by 3 players (mixed genders);
- Playing time: 3 sets of 11 points each (maximum one hour);
- Each player will use two Pétanque balls;
- Each team has to take their own Pétanque balls.

Hours	FIELD 1	FIELD 2	FIELD 3	FIELD 4	FIELD 5	FIELD 6
9:30	France x Germany	Lithuania x Finland	Scotland x Hungary	Italy x Belgium	Greece x Latvia	Luxemburgo x Ireland
10:30	Portugal x Germany	France x Finland	Spain x Hungary	Scotland x Belgium	Denmark x Latvia	Greece x Ireland
11:30	Portugal x Lithuania	Finland x Germany	Spain x Italy	Belgium x Hungary	Denmark x Luxemburgo	Ireland x Latvia
LUNCH						
15:00	France x Lithuania	Portugal x Finland	Scotland x Italy	Spain x Belgium	Greece x Luxemburgo	Denmark x Ireland
16:00	Lithuania x Germany	Portugal x France	Italy x Hungary	Spain x Scotland	Luxemburgo x Latvia	Denmark x Greece
17:00	Semi-Final 1	Semi-Final 2				
18.00	1st and 2nd place	3rd and 4th place				



SWIMMING

Official rules of Swimming, with some adjustments:

- The teams are formed by 4 swimmers: 2 male and 2 female;
- Swimming competition: preliminaries of 3 eliminatory series of

50 m Butterfly (Women and Men);

50 m Backstroke (Women and Men);

50 m Stroke (Women and Men);

50 m Freestyle (Women and Men);

4x50 m Freestyle Relay (Mixed).

- After the preliminary series, the finals will take place in each of the categories mentioned above;
- Each swimmer shall take part of two individual competitions;
- Each swimmer shall bring a cap, a bathing suit (female) or shorts (male), all appropriate for swimming competitions;

PROGRAM

First Session: Preliminaries

1 st Event	50 m Butterfly Women
2 nd Event	50 m Butterfly Men
3 rd Event	50 m Backstroke Women
4 th Event	50 m Backstroke Men
5 th Event	50 m Stroke Women
6 th Event	50 m Stroke Men
7 th Event	50 m Freestyle Women
8 th Event	50 m Freestyle Men
9 th Event	4x50 m Freestyle Relay Mixed

Second Session: Finals

1st Event	50 m Butterfly Women
2nd Event	50 m Butterfly Men
3rd Event	50 m Backstroke Women
4th Event	50 m Backstroke Men
5th Event	50 m Stroke Women
6th Event	50 m Stroke Men
7th Event	50 m Freestyle Women
8th Event	50 m Freestyle Men
9th Event	4x50 m Freestyle Relay Mixed



TENNIS

Official rules of Tennis, (according to International Tennis Federation) with some adjustments:

- The teams are formed by 4 players: 2 male and 2 female(matches: male singles, female singles and mixed doubles ;
- Playing time: Single draws (Women and Men) and Double draws (Mixed) of 15 minutes each (tiebreak game); (Should the match reach the limit of the defined length of 15 minutes during a rally, the referee shall allow the rally to come to an end);
- Upon each 12th point, the players will exchange the field;
- The participants of the Single draws cannot play at the Double draws and vice-versa.
- The first players in the ranking of each group and the best second will pass to the semi-finals;
- The balls will be supplied by the tournament's organisation and will be swapped anytime the referee considers it necessary;
- Any other situation not included here will be solved by the referee and the director of the match;
- There will be a hardcourt where the players can warm up;
- The matches will take place in a synthetic grass court of Parque Municipal de Ténis in Cantanhede.

Hours	FIELD 1	FIELD 2	FIELD 3	FIELD 4	CAMPO 5
9:00 – 10:00	France x Germany	Scotland x Hungary	Greece x Latvia	Lithuania x Finland	Italy x Bélgica
10:00 – 11:00	Luxembourg x Ireland	Portugal x Germany	Spain x Hungary	Denmark x Latvia	France x Finland
11:00 – 12:00	Scotland x Bélgica	Greece x Ireland	Portugal x Lithuania	Spain x Italy	Denmark x Luxembourg
12:00 – 13:00	Finland x Germany	Bélgica x Hungary	Ireland x Latvia	France x Lithuania	Scotland x Italy
ALMOÇO					
15:00 – 16:00	Greece x Luxembourg	Portugal x Finland	Spain x Bélgica	Denmark x Ireland	Lithuania x Germany
16:00 – 17:00	Italy x Hungary	Luxembourg x Latvia	Portugal x France	Spain x Scotland	Denmark x Greece
<u>3 Games = 1 Men's Singles + 1 Singular Women + Mixed Pair 1</u>					
Example: 9:00 – 10:00 = 09:00 às 09:15 + 09:20 às 09:35 + 09:40 às 9:55					
17:30 – 17:50	Semi-Final 1 (Men. Sing.)	Semi-Final 1 (Wom. Sing.)	Semi-Final 1 (Mixed Pair)		
17:50 – 18:10	Semi-Final 2 (Men. Sing.)	Semi-Final 2 (Wom. Sing.)	Semi-Final 2 (Mixed Pair)		
18:20 – 18:40	3rd and 4th place (Men. Sing.)	3rd and 4th place (Wom. Sing.)	3rd and 4th place (Mixed Pair)		
18:40 – 19:00	1st and 2nd place (Men. Sing.)	1st and 2nd place (Wom. Sing.)	1st and 2nd place (Mixed Pair)		

ALL SPORT COMPETITIONS ARE FOLLOWING THE REGULATIONS APPLIED IN PREVIOUS FESTIVALS. ANY AMENDMENT WILL BE PROPERLY COMMUNICATED IN A TIMELY MANNER.